NATIONAL Invited Lectures, Presentations and Workshops

Kamkar, K. (2024). Workshop Session, Leadership: Promoting Mental Health and Supporting Employees going through a difficult time; Driving Results while being Empathetic, Managing Stress as Manager. "Group Mentorship Session – Upholding Integrity and Respect and Mental Health for Managers. Real Property Services, Strategic Sourcing, National Contract and Vendor Management. Public Services and Procurement Canada (PSPC), March 27, 2024. Attendees 87

Kamkar, K (2024). Mental Health and practical skills and resiliency. Bilingual Virtual Workshop. SPS Townhall. AP Procurement Branch, Strategy Policy Sector, Sector de la politique strategique. Public Services and Procurement Canada (PSPC), February 27, 2024. Attendees 90

Kamkar, K (2024). Co-panelist with Mario Baril Ombudsman, Office of Ombud Mental Health, workshop session on Empathetic Leadership. Supervisors, managers and executives. Western Region, Edmonton, Alberta. Real Property Services, Public Services and Procurement Canada (PSPC), Ottawa, February 14, 2024.

Kamkar, K (2024). Co-panelist with Mario Baril Ombudsman, Office of Ombud Mental Health, workshop session on Empathetic Leadership. How to approach and support employees showing mental health, behavioural and or performance issues, concerns, including addressing questions around disability management. Procurement Based Management Sector, Acquisitions Branch. Public Services and Procurement Canada (PSPC), February 13, 2024.

Kamkar, K (2024). Mental Health and practical skills and resiliency. Bilingual Virtual Workshop. Real Property Branch. Accommodation Management and Workplace Solutions. Public Services and Procurement Canada (PSPC), February 05, 2024. Attendees 70

Kamkar, K (2024). Mental Health and practical skills and resiliency. Bilingual Workshop. All Western Region Employees, Edmonton, Alberta. Public Services and Procurement Canada (PSPC), February 01, 2024.

Kamkar, K (2023). Co-panelist with Mario Baril Ombudsman, Office of Ombud Mental Health, workshop session on Empathetic Leadership. For all Edmonton supervisors, managers and executives. Western Region, Edmonton, Alberta. Public Services and Procurement Canada (PSPC), January 31, 2024.

Kamkar, K (2023). Co-panelist with Mario Baril Ombudsman, Office of Ombud Mental Health, workshop session on Empathetic Leadership. For all Edmonton supervisors, managers and executives. Western Region, Winnipeg, Manitoba. Public Services and Procurement Canada (PSPC), January 30, 2024.

Kamkar, K. (2024). Proposal for the Re-Modeling of the Task Force on Anti-Racism, Workplace Culture and Equity, and PSPC Diversity Networks. Presentation to The Executive Committee Exco table, Deputy Minister, Associate and Assistant Deputy Ministers, Public Services and Procurement Canada (PSPC), Ottawa, ON, January 18, 2024.

Kamkar, K (2024). Mental Health and practical skills and resiliency. Bilingual Virtual Workshop. Business and Resources Management BRM Human Resources (HR) Committee. Public Services and Procurement Canada (PSPC), January 11, 2024. Attendees 147

Kamkar, K (2024). Mental Health and practical skills and resiliency. Virtual Workshop delivered in French. Direction de L'imagerie et des operations du receveur general (DIORG). Public Services and Procurement Canada (PSPC), January 11, 2024. Attendees 80.

Kamkar, K (2023). Co-panelist with Mario Baril Ombudsman, Office of Ombud Mental Health, workshop session on Empathetic Leadership, Procurement Branch at Public Services and Procurement Canada (PSPC), Ottawa, Ontario, December 20, 2023. Attendees 8-10

Kamkar, K (2023). Office of Ombud Mental Health and objectives and findings; Mental Health and practical skills and resiliency. Benefits Delivery Modernization Procurement Directorate (BDM). Public Services and Procurement Canada (PSPC), November 29, 2023. Attendees 12

Kamkar, K (2023). Co-panelist with Mario Baril Ombudsman, Office of Ombud Mental Health, workshop session on Empathetic Leadership, Atelier sur le leadership empathique. Direction de L'imagerie et des operations du receveur general (DIORG). Public Services and Procurement Canada (PSPC), Matane, Quebec, November 21, 2023.

Kamkar, K (2023). Co-panelist with Mario Baril on Office of Ombud Mental Health and objectives and findings; Mental Health and practical skills and resiliency. Policy, Planning and Communications Branch (PPCB), Extended Management Meeting. Public Services and Procurement Canada (PSPC), November 14, 2023

Kamkar, K (2023). Co-panelist with Mario Baril on Office of Ombud Mental Health and objectives and findings; Mental Health and practical skills and resiliency. Finance Branch. Townhall Meeting close to 400 attendees. Public Services and Procurement Canada (PSPC), November 14, 2023

Kamkar, K (2023). Co-panelist with Mario Baril Ombudsman, Office of Ombud Mental Health, two workshop sessions on Empathetic Leadership, Ottawa. Public Services and Procurement Canada (PSPC), November 6, 2023

Kamkar, K (2023). Co-panelist with Mario Baril Ombudsman, Office of Ombud Mental Health, workshop session on Empathetic Leadership English and French, Moncton, New Brunswick. Gvt of Canada Pay Centre. Public Services and Procurement Canada (PSPC), October 26, 2023

Kamkar, K (2023). Co-panelist with Mario Baril Ombudsman, Office of Ombud Mental Health, workshop session on Empathetic Leadership, Miramichi, New Brunswick. Gvt of Canada Pay Centre Public Services and Procurement Canada (PSPC), October 25, 2023

Kamkar, K (2023). Co-panelist with Mario Baril Ombudsman, Office of Ombud Mental Health, workshop session on Empathetic Leadership, Shediac, New Brunswick. Govt of Canada Pension Centre. Public Services and Procurement Canada (PSPC), October 23, 2023

Kamkar, K (2023). Co-panelist with Mario Baril on Office of Ombud Mental Health and objectives and findings; Mental Health and practical skills and resiliency. October Wellness Conversation. Public Services and Procurement Canada (PSPC), October 19, 2023 Attendees 117

Kamkar, K. (2023). Invited Speaker – workshop on Fostering Resiliency Pathways and Embracing Trauma-Informed Leadership Emerging Leaders Conference 2023: Embracing Change in a Time of Transitions. The Institute of Public Administration of Canada, Toronto, ON, October 12, 2023.

Kamkar, K. (2023). Co-Panelist on "Building a Culture of Care: Achieving Results Through People". The Canadian Innovation Centre for Mental Health in the Workplace, October 12, 2023. Close to 350 attendees.

Kamkar, K. (2023). Co-Panelist with Mario Baril on Mental Health , DEI and Intersectionality. Public Services and Procurement Canada (PSPC), Ontario Regional Tour. October 11, 2023. 160 Attendees.

Kamkar, K (2023). Co-panelist with Mario Baril on Office of Ombud Mental Health and objectives and findings; Mental Health and practical skills and resiliency. Pay Administration Branch. Townhall Meeting 1500-1600 attendees. Public Services and Procurement Canada (PSPC), October 5, 2023

Kamkar, K. (2023). The Ombud's Office services and findings and KPIs Key Performance Indicators. Departmental Audit Committee (DAC) Public Services and Procurement Canada (PSPC), September 27, 2023.

Kamkar, K. (2023). Pause Café with Vanguard PSPC Young Professionals' Network. Discussing the importance of recognizing the Worth of others in the workplace, managing uncertainty in career, work life balance, creating a psychologically safe work environment, building mental resilience. Vanguard Young Professionals' Network YPN, Public Services and Procurement Canada (PSPC), September 22, 2023.

Kamkar, K. (2023). Co-panelist with Mario Baril on Office of Ombud Mental Health and objectives and findings; Mental Health and practical skills and resiliency. Finance Branch. Public Services and Procurement Canada (PSPC), September 19, 2023

Kamkar, K. (2023). The Ombud's Office services and findings and KPIs Key Performance Indicators, occupational stressors and organizational health, presentation with Federal Ombudsman, Mario Baril, Public Services and Procurement Canada, Executive Committee EXCO meeting, Government Office Willson House, Chelsea Quebec, September 13, 2023.

Kamkar, K. (2023). The Ombud's Office services and findings and KPIs Key Performance Indicators, occupational stressors and organizational health, presentation with Federal Ombudsman, Mario Baril, Public Services and Procurement Canada, Executive Committee EXCO meeting, Government Office Willson House, Chelsea Quebec.

Kamkar, K (2023). Disability Management and Accommodations. Presentation with Mario Baril, Ombud Mental Health, 45 attendees. Parlons bien-etre/Let's Talk Well-Being. SI Sante Mentale / RPS Mental Health (TPSGC/PWGSC). Public Services and Procurement Canada (PSPC), September 5, 2023.

Kamkar, K. (2023). Co-panelist with Mario Baril on Office of Ombud Mental Health and objectives and findings; Mental Health and practical skills and resiliency. Real Property Services Branch / Technical Services Sector. Public Services and Procurement Canada (PSPC), June 29, 2023

Kamkar, K. (2023). The Ombud's Office services and KPIs Key Performance Indicators, Mental health disabilities and workplace mental health, presentation with Federal Ombudsman, Mario Baril, Public Services and Procurement Canada, Executive Committee EXCO meeting, Government Office Willson House, Chelsea Quebec, June 19, 2023.

Kamkar, K. (2023). Co-panelist with Mario Baril on Mental Health and Leadership, Ombud's office training to Managers on Mental Health, Finance Branch, Public Services and Procurement Canada (PSPC), June 7, 2023

Kamkar, K. (2023). Co-panelist with Ryan Duquette on Psychological Trauma and Cybercrime for <u>Concordia</u> <u>University of Edmonton's Mihalcheon School of Management</u>, May 09, 2023. **Kamkar, K. (2023).** Co-panelist with Mario Baril on Mental Health and practical skills and Observations from Ombud Office. SPAC Conference Gatineau, Reunion d'équipe SECPE. Public Services and Procurement Canada (PSPC), May 17, 2023

Kamkar, K. (2023). Co-panelist with Mario Baril on Mental Health and Leadership, Ombud's office training to Managers on Mental Health. ASPD Management Team. Public Services and Procurement Canada (PSPC), May 11, 2023

Kamkar, K. (2023). Panelist – May Mental Health Awareness Month – "Pause-café pour la santé mentale et le bien-être! | Mental Health and Well-being Coffee Break!" Public Services and Procurement Canada (PSPC), May 04, 2023

Kamkar, K. (2023). Co-panelist with Mario Baril on Role of Ombud, Mental Health and Leadership. ASPD Management Team. Public Services and Procurement Canada (PSPC), May 11, 2023

Kamkar, K. (2023). Expert Panelist RCMP Talks for Parents – Youth Safety & Wellbeing. RCMP National Youth Services Unit, March 15, 2023.

Kamkar, K. (2023). Panelist: Updating the Evidence to Support Police Wellness in an Environment of New Challenges. Canadian Association Chiefs of Police CACP Wellness Conference, Ottawa, March 8, 2023.

Kamkar, K. (2023). Managing the Wellness Impact on Police Capacity: Case Studies in Successful Return-to-Work Strategies. Canadian Association Chiefs of Police CACP Wellness Conference, Ottawa, March 7, 2023.

Kamkar, K. (2022). Invited as a panelist "industry expert" - Telus Health Roundtable, HR series specials sponsored by Telus Health - About Employees Mental Health Support Closing the gaps in mental health care. Episode featured on <u>www.hrreporter.com</u> Canada's leading HR website with over 3.8 million page views per month <u>Roundtable - November - Telus (hrreporter.com</u>).

Kamkar, K. (2022). Invited as a speaker "Following Trauma: Building Individual & Organizational Resiliency Pathways", Indo-Canadian Psychiatric Association's Annual Scientific Dinner Seminar and AGM, Royal Canada Military Institute (RCMI), October 28, 2022. Received the Indo- Canadian Psychiatric Association Recognition Award for "in Recognition of Outstanding Contributions to Mental Health & Scholarly Presentation at Indo Canadian Psychiatric Association's Annual Scientific Meeting".

Kamkar, K. (2022). Invited as a panelist. CSA Z1011.1:22 Work disability management in the paramedic service organization - The Role of Stakeholders. July 11, 2022

Kamkar, K. (2022). Invited as mental health expert, Panel discussion "*Difficult Accommodations: Responding to denial, defensiveness, and personality disorders*", Ontario Labour Arbitration and Policy Conference, Lancaster House Publishing, July 7, 2022

Kamkar, K. (2022). Workplace Mental Health – Mental Health Disabilities and Occupational Stressors and Building Organizational and Individual Resiliency Pathways. CIPSRT Canadian Institute for Public Safety Research and Treatment, June 9, 2022

Kamkar, K. (2022). Keynote speaker Building Individual & Organizational Resiliency Pathways -Psychological Resilience and Responsivity to Mental Health Needs in First Responders: Organizational and Personal Perspectives. Virtual Workshop for First Responders Wellness Conference Atlantic Canada, Centre for Criminal Justice Studies CCJS, University of New Brunswick, May 12, 2022 <u>https://events.eply.com/UNBcriminaljusticestudies</u>

Kamkar, K. (2022). Workplace Mental Health – Building Resiliency Pathways. Virtual Workshop for Equifax, May 11, 2022

Kamkar, K. (2022). Workplace Mental Health, Well-Being and Building Resiliency Pathways. Hockey Field Canada Conference, May 5, 2022.

Kamkar, K. (2022). Youth Mental Health and Coping and Resiliency. House of Commons Canada, Office of Honourable MP Iqwinder Gaheer Mental Health Round Table with his Constituency Youth Council, April 8, 2022.

Kamkar, K. (2022). Workplace Mental Health – Mental Health Disabilities and Occupational Stressors and Building Organizational and Individual Resiliency Pathways. Virtual Workshop for Canada Basketball, April 7, 2022

Kamkar, K (2022). Webinar on how best to manage anxiety as we navigate change, invited keynote speaker, virtual webinar, CIBC WorkAbility Employee Network, March 24, 2022

Kamkar, K. (2022). Building Individual Resilience Pathways. Workshop presented for Wolverine Canada, January 26, 2022.

Kamkar, K. (2021). Invited as mental health expert, Panel discussion "When Work Makes It Worse: Dealing with mental distress caused by workplace relationships, policies, and practices", Ontario Labour Arbitration and Policy Conference, Lancaster House Publishing, November 13, 2021

Kamkar, K. (2021). Building Individual & Organizational Resilience Pathways and reducing burnout. *ACHE Virtual ace- to-Face Education Credits* American College of Healthcare Executives, Canadian Chapter, October 14, 2021.

Kamkar, K. (2021). Mental Illness and Stigma, Mental Illness Awareness Week with Loblaw VP Legal and Loblaw Sr Director Finance, Loblaw Companies, October 6, 2021

Kamkar, K. (2021). Managing stress and anxiety and the mental health impact of Covid-19. Public Safety Canada Government of Canada Workplace Charitable Campaign 2021 (GCWCC), October 5, 2021.

Kamkar, K. (2021). Workplace Mental Health – Operational Stress Injuries & Occupational Stressors and Building Organizational and Individual Resiliency Pathways. Virtual Workshop for RCMP Youth Officer Training, September 24, 2021

Kamkar, K. (2021). Managing your stress load and lifestyle to avoid professional burnout. Virtual Workshop presented for Women in Law Leadership Forum, September 9, 2021

Kamkar, K (2021). Anxiety and Covid19 and Return to Work, invited keynote speaker, virtual webinar, CIBC, August 5, 2021

Kamkar, K (2021) Panel discussion with VP operations & legal counsel on Covid19 How to adapt, cope, respond. Canadian Condominium Institute CCI, July 29, 2021.

Kamkar, K (2021) Request for expertise invitation on Mental health and Crisis situations in particular related to community trauma from Muslim London Attack, Toronto Van Attack to Danforth Shooting and Mechanisms for coping and support. Invitation from the Office of Majid Jowhari Member of Parliament for Richmond Hill, House of Commons of Canada, July 22, 2021.

Kamkar, K (2021) Empathy and Mental Health at Work and Healthy Coping from the impact of Covid19 pandemic. Interior Designers of Canada, June 24, 2021.

Kamkar, K. (2021). Post Traumatic Stress Injury and Paramedicine. Paramedics Connecting Through Applied Research – CARe Conference, Justice Institute of British Columbia (JIBC), June 10, 2021. Audience 110

Kamkar, K (2021) Facebook Live with Member of Parliament James Maloney, Discussion on Mental Health Impact of Covid19 Pandemic, invitation from the Office of James Maloney Member of Parliament for Etobicoke-Lakeshore, House of Commons of Canada, May 13, 2021. <u>https://youtu.be/Kx3I12txqkQ</u>

 MP James Maloney Etobicoke-Lakeshore' statement in the House of Commons on May 28, 2021 to express gratitude for participation in the Etobicoke-Lakeshore May 13th 2021 mental health event <u>https://youtu.be/caArfa4H5X8</u>

Kamkar, K (2021) Richmond Hill Health Community Council with Member of Parliament Majid Jowhari. Invited speaker on Workplace Mental Health and Resiliency. Invitation from the Office of Majid Jowhari Member of Parliament for Richmond Hill, House of Commons of Canada, May 20, 2021

 House of Commons of Canada - Certificate of Recognition by MP Majid Jowhari Member of Parliament for Richmond Hill, "In recognition of your worthy contribution during the Canadian Mental Health Awareness Week".

Kamkar, K (2021) Reducing the Stigma: Why it's important to talk about mental health in the Workplace. HRD Mental Health Summit Canada, May 11, 2021.

Kamkar, K (2021) Facebook Live with Member of Parliament Majid Jowhari, Discussion on Mental Health Impact of Covid19 Pandemic, invitation from the Office of Majid Jowhari Member of Parliament for Richmond Hill, House of Commons of Canada, May 5, 2021

Kamkar, K. (2021). Building Organizational and Individual Resiliency Pathways, Keynote speaker, Canadian Critical Incident Stress Foundation CISM, April 15, 2021.

Kamkar, K. (2021). Workplace Mental Health – From Disability Management to *Building Organizational and Individual Resiliency Pathways*. The Canadian Innovation Centre for Mental Health in the Workplace, Innovation, Science and Economic Development Canada, Office of Deputy Minister, Government of Canada. March 29, 2021 - Workshop provided in French.

Kamkar, K. (2021). Workplace Mental Health – From Disability Management to *Building Organizational and Individual Resiliency Pathways.* The Canadian Innovation Centre for Mental Health in the Workplace, Government of Canada. February 22, 2021.

Kamkar, K. (2021). Expert Panel Event, "the mental and physical health benefits of being active outdoors, Trans Canada Trail, English and French, February 1, 2021. <u>https://thegreattrail.ca/winter-live/</u>

Kamkar, K (2021) Webinar, Mental Health, Proactive Strategies & Healthy Coping during Covid19 Pandemic, Dialog, January 28, 2021.

Kamkar, K. (2021). Webinar, Mental Health, Proactive Strategies & Healthy Coping and Resiliency during Covid19 Pandemic. Staples Canada, January 27, 2021.

Kamkar, K. (2021). Panel discussion on "Mind, Body and Behavior: Thriving in The New Year", Knoll, Inc. January 20, 2021.

Kamkar, K. (2021). Webinar, Mental Health, Proactive Strategies & Healthy Coping and Resiliency during Covid19 Pandemic. Hudson's Bay Company, January 15, 2021.

Kamkar, K (2020) Moral injury, Compassion Fatigue and Burnout – Proactive Strategies & Healthy Coping and Resiliency, Canadian Forces Health Services Center (32 CF H Svcs C) Medical Technicians Symposium, December 10, 2020

Kamkar, K. (2020). Webinar, Mental Health, Proactive Strategies & Healthy Coping and Resiliency during Covid19 Pandemic, CANASA Canadian Security Association, Security Canada 2020, December 3, 2020.

Kamkar, K (2020) Course Webinar (Webinar eligible for 0.5 CEU credits recognized by The Canadian Addiction Counsellors Certification Federation CACCF) on Moral injury and Military, Veterans & First Responders and building resiliency, Bellwood/EHN Canada, November 26, 2020.

Kamkar, K. (2020). Webinar, Mental Health, Proactive Strategies & Healthy Coping and Resiliency during Covid19 Pandemic, Keynote speaker, Canadian Critical Incident Stress Foundation CISM, November 25, 2020.

Kamkar, K. (2020). Building Organizational and Individual Resiliency Pathways" Fire Rescue 2020, Canadian Association of Fire Chiefs, November 12, 2020.

Kamkar, K. (2020). Workplace mental health and building Resiliency during Covid19 Pandemic. CBRE Limited, November 10, 2020.

Kamkar, K. (2020). Virtual Panel discussions: Design and Mental Health: Helping people feel safe at work. Interior Designers of Canada (IDC), November 19, 2020.

Kamkar, K (2020) Webinar, Mental Health, Proactive Strategies & Healthy Coping and Resiliency during Covid19 Pandemic, invited as keynote speaker, LCBO, October 29, 2020.

Kamkar, K. (2020). Building Organizational and Individual Resiliency Pathways" Canadian Association of Fire Investigators, October 15, 2020.

Kamkar, K (2020) Webinar, Mental Health, Proactive Strategies & Healthy Coping and Resiliency during Covid19 Pandemic, invited as keynote speaker, CIBC, October 15, 2020

Kamkar, K (2020) Webinar, Mental Health, Proactive Strategies & Healthy Coping and Resiliency during Covid19 Pandemic, invited as panelist, Invest Ottawa, September 22, 2020

Kamkar, K (2020) Mental Health, Proactive Strategies & Healthy Coping and Resiliency during Covid19 Pandemic, invited as panelist, Lumino Health Webinar, July 8, 2020

Kamkar, K (2020) Webinar, Mental Health, Proactive Strategies & Healthy Coping and Resiliency during Covid19 Pandemic, Pearson Canada, July 7, 2020

Kamkar, K (2020) Webinar, Mental Health, Proactive Strategies & Healthy Coping and Resiliency during Covid19 Pandemic, Network Executive Women, June 25, 2020

Kamkar, K (2020) Webinar, addressing Mental Health of Front-Line Workers and First Responders and Trauma during Covid19 Pandemic, Town Hall Meeting, Anxiety Canada, May 28, 2020

Kamkar, K (2020) Webinar, Mental Health, Proactive Strategies & Healthy Coping during Covid19 Pandemic, Maple Health Centre, May 14, 2020

Kamkar, K (2020) Webinar, Mental Health & Covid-19 Adjustment to new normal, Canadian Condominium Institute CCI, May 12, 2020.

Kamkar, K (2020) Webinar, Mental Health, Proactive Strategies & Healthy Coping during Covid19 Pandemic, Dialog, May 7, 2020

Kamkar, K (2020) Webinar, Mental Health, Proactive Strategies & Healthy Coping during Covid19 Pandemic, Maple Leaf Foods, April 22, 2020 **Kamkar, K** (2020) Webinar, "Coping with Stress, Anxiety & Mental Health During COVID-19 Pandemic", Muscular Dystrophy Canada, April 14, 2020

Kamkar, K (2020) Webinar, Unilever Canada, Mental Health, Proactive Strategies & Healthy Coping during Covid19 Pandemic, April 1, 2020

Kamkar, K. (2019). Workplace Mental Health in the workplace. Workshop presented for Wolverine Canada, June 12, 2019.

Kamkar, K. (2019). Workplace Mental Health, Operational Stress Injuries & Building Resiliency. Workshop session presented for the Canadian Mental Health Association, May 14, 2019.

Kamkar, K. (2019). Workplace Mental Health, Well-Being, Stress Management & Resiliency. Keynote speaker - Workshop presented for the Forum of Canadian Ombudsman and Association of Canadian College and University Ombudspersons, April 17, 2019.

Kamkar, K. (2019). National PTSD Conference. Speaker – panel discussion and as part of being Federal PTSD Act Advisory Committee, Public Health Agency of Canada, to support the development of the PTSD Federal Framework, Ottawa April 9-10, 2019.

Kamkar, K. (2019). Invited as Subject Matter Expert (SME), Canadian Association of Chiefs of Police (CACP) Global Studies, February 27-28, 2019.

Kamkar, K. (2018). Workplace Mental Health, Well-Being, Stress Management & Resiliency. Keynote speaker - Workshop presented for International Association of Financial Crimes Investigators (IAFCI) Central Canada Chapter training seminar, December 6, 2018.

Kamkar, K. (2018). Mental Health, Resiliency, Employer Best Practice Guidelines and Disability Management. Keynote speaker at the Calgary Police Association & Police Association Executives Western Canada, October 10, 2018.

Kamkar, K. (2018). Mental Health, Employer Best Practice Guidelines and Disability Management. Keynote speaker at the Canadian Association of Police Governance (CAPG), Winnipeg, Manitoba, August 11, 2018.

Kamkar, K. (2018). Work Mental Health, Operational Stress Injuries & Resiliency. Workshop presented for the Canadian Congress and training, Canadian Critical Incident Stress Foundation CISM, Crowne Plaza Niagara Falls, April 24-27, 2018.

Kamkar, K., Lawford, H., Linden-Andersen, S., & Dudeck, M. (May 2004). Research and Applied Work in the Field of Psychology. Workshop presented for Grade 12 students at Lasalle Catholic Comprehensive High School, Montreal, Quebec.

Kamkar, K., Koerner, N., & Seidah, A. (January 2004). "I can't stop worrying...It's part of my personality": CBT treatment of Generalized Anxiety Disorder. Invited presentation at the psychotherapy service rounds, Department of Psychiatry, Jewish General Hospital, Montreal, Quebec.

Kamkar, K. (November 2002). How a social phobic freed herself to reach the sky: A story of the effectiveness of CBT. Applied Psychology Centre Case Conference Presentation, Department of Psychology, Concordia University, Montreal, Quebec.

Abstracts and Other Papers

Refereed Research Conference Presentations

Kamkar, K., Doyle, A.B., & Markiewicz, D. (2005). Attachment to parents, self-esteem, and depression: Mediating and moderating associations. Poster presented at the Canadian Psychological Association, Montreal, Quebec, June 2005.

Kamkar, K., Doyle, A.B., & Markiewicz, D. (2004). Attachment to parents and depression among early adolescents: The mediating role of attribution style. Poster presented at the Canadian Psychological Association, St. John's, Newfoundland, June 2004.

Kamkar, K., Motzoi, C., Doyle, A.B., & Markiewicz, D. (2004). Does autonomy moderate the relation between attachment to parents and depression? Poster presented at the Canadian Psychological Association, St. John's, Newfoundland, June 2004. *Awarded the Elinor Ames Award (CPA, Developmental Section)* - *Student Presentation in developmental psychology judged to be of Highest Quality.*

Kamkar, K., Doyle, A.B., & Markiewicz, D. (2007). Attachment to parents and dysphoria among early adolescents and young adults: Mediating role of attributions. Poster presented at the Canadian Psychological Association, Ottawa, Ontario, June 2007.

Kamkar, K., & Doyle, A.B. (2002). The role of parental and peer attachments in depression among male and female middle adolescents. Poster presented at the International Society for the Study of Behaviour Development, Ottawa, Ontario, August 2002.

Kamkar, K., Doyle, A.B., & Markiewicz, D. (2001). Associations of working models of attachment to mother, father, and peer with gender differences in depression. Poster presented at Société Québecoise pour la Recherche en Psychologie, Chicoutimi, Quebec, October 2001.

Non-Refereed Research Conference Presentations

Doyle, A.B., Markiewicz, D., Kamkar, K., & Day, S. (2002). Adolescent Love: Let us count the ways. CRDH Seminar Series 2001-2002, Department of Psychology, Concordia University, Montreal, Quebec.